## BALINT CONFERENCE AND IBF COUNCIL MEETING MARCH 22-23, 2024

"The Balint heritage - to return, to reconsider, to recover – is it possible?"

*Venue*: The van der Nootska Palace, S:t Paulsgatan 21, Stockholm, Sweden www.vandernootska.se

The Swedish Balint Society, convening for its regular annual National Meeting 2024, is pleased also to welcome members of the IBF and to host the IBF 2024 spring Council Meeting.

The conference will take place in the centre of Stockholm in a charming 17<sup>th</sup> century palace, the van der Nootska Palace. The atmosphere of the building and the excellent service promise a generous frame for the conference participants. The Palace is located in the bustling southern part of the city centre (Södermalm). It is very close to subway stations (Mariatorget and Slussen) and to the train station (Södra Station) for commuter trains. There are several options for lodging (hotels, B&B etc) at various price ranges, both in the near vicinity and in locations accessible by subway or train within 10-15 minutes.

The conference language will be English in the plenary settings. Small groups will be available in both English and Swedish depending on group composition.

The forms for application/registration will be available on the website of the Swedish Balint Society <a href="www.balint.se">www.balint.se</a> or <a href="www.sfmp.se">www.sfmp.se</a>.

*Program:* For participants arriving on Thursday, we will offer a social program for the afternoon and evening. A social activity will also be offered for Saturday afternoon.

The conference fee for IBF members will be 2300 SEK appr 195 Euros.

For those interested, we have made reservations of tickets for performances at the Royal Opera House and the Stockholm Concert Hall for Thursday evening. You will be able to book them when you register for the conference. Detailed information is available in the registration form.

The conference will contain both a member business meeting for the Swedish Balint Society and a council meeting for members of the IBF.

## Friday March 22

9.30 – 10.30 Business meeting of the Swedish Balint Society

10.30-11.15 Coffee/tea and registration for the conference

11.15 - 12.45 Pre-symposium: Balint leadership workshop, literature seminar on the conference theme. Texts will be pre-distributed to the participants.

12.45 - 13.45 Lunch (and registration for those arriving later)

13.45 - 13.55 Welcome – Board members of the Swedish Society

13.55 – 14.30 Introductory lecture on the theme by Henry Jablonski

14.30 – 16.00 Balint group 1

16.00 – 16.30 Coffee/Tea

Simultaneously: leaders of the small groups convene

16.30 – 18.00 Balint group 2

19.00- Conference dinner at the van der Nootska Palace

## Saturday, March 23

08.30 - 08.55 Optional meeting for the leaders of the small groups

09.00 - 10.00 Plenary meeting.

09.00 - 09.15 Reflections on yesterday

09.15 -10.00 Theme: The institutional setting and Balint work

Introduction: Jacob Engellau, Jessica Wihl, and Andrew Elder

Discussion

10.00 - 10.30 Coffee/Tea

10.30-12.00 Balint group 3

12.00 - 13.00 Lunch

13.00 - 15.30 IBF Council meeting (including tea/coffee break)

Late afternoon guided tour, details to be announced.