







https://ppcp.mirrorsmed.org/

# An independent case-based CME programme for family medicine

#### **BACKGROUND**

The PinPoint Case Platform (PPCP) is an online, case-based platform for independent continuous medical education (CME). It was accredited by UEMS-EACCME in 2018 as the first European case-based e-learning platform. The PPCP addresses essential clinical questions by short cases with targeted feedback:

- Realtime comparison with the opinions of peers
- Comparison with the opinion of an international expert panel
- Case-related evidence from clinical studies and guidelines
- Relevant references with hyperlinks to PubMed

Using a standardised method, more than 150 experts from different specialties have contributed to the development of 33 topics (case series) in various disease areas. With over 8,000 subscriptions, the programme generated considerable engagement from doctors all over Europe.

#### **MANAGEMENT OF COVID-19 IN FAMILY MEDICINE**

In a joint effort with EURACT and WONCA Europe, we recently developed a PPCP programme on the management of COVID-19 in family medicine. Eleven teacher-physicians from EURACT/WONCA constructed a series of 22 cases on testing, treating and follow-up of COVID-19.

This programme is freely available via <a href="https://ppcp.mirrorsmed.org/">https://ppcp.mirrorsmed.org/</a> and can be used for accredited self-study. Interested physicians can <a href="subscribe">subscribe</a> to receive the cases by email and continue learning on the online platform. However, the cases and materials may also be used for local/national educational activities such as seminars, workshops, conferences and webinars.

The programme is currently in English, but will soon also be available in French, German, Italian and Spanish. Translation into other languages can be discussed.

#### **CASE EXAMPLE**

An example of a COVID-19 case is shown below. Just click on the case below to see how the programme works.

## Case-based CME on COVID-19







Mary, a 28-year-old, otherwise healthy, schoolteacher, was diagnosed with COVID-19 approximately 2 months ago. She was hospitalised due to typical symptoms (high fever, dyspnoea, cough, loss of smell and taste) and had a positive nasopharyngeal PCR test swab. 2 weeks later, she was discharged from hospital because her clinical status had significantly improved and her PCR test result was negative. She returned to normal activity.

Recently, her husband developed COVID-19 and tested positive by PCR. Mary feels well and has no symptoms at all.

What would you advise Mary?

Click here

### ANOTHER NEW PROGRAMME: CHRONIC PAIN DUE TO OSTEOARTHRITIS

A group of 12 teacher-physicians from EURACT/WONCA and 3 specialists in pain medicine and osteoarthritis is currently working on a similar programme on the management of chronic pain due to osteoarthritis in family medicine. The first series of cases will be available in December 2021.

### **INTERESTED TO JOIN?**

If you are interested in using this programme and working with us on the further implementation via your national networks and societies, please let us know. We'll then contact you to provide more information and make further arrangements.

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